

Grace Bible Church COVID-19 Exposure Guideline

We are experiencing GBC members contracting COVID-19 and providing guidelines for this situation. We recognize that people are choosing to handle restrictions on personal gatherings in different ways. As GBC leadership, we simply ask that you be safe as you do so and consider potential exposure of others at in-person GBC events.

What do I do if I believe that I have been exposed to someone who may have COVID-19?

- We encourage everyone to err on the side of caution when it comes to attending in-person activities at GBC.
- If you take your temperature before coming to church and it is below 100 °F and you don't have other symptoms, you may attend but please be extra cautious while on GBC property.
- Please pursue more information to confirm whether or not the individual suspected truly has tested positive for COVID-19. If they have, please refer to the situations below.

What do I do if I have been exposed to someone who has been confirmed to have COVID-19?

- Please stay at home and do not come to GBC for worship.
- We ask that you wait 10 days from your last contact with the person before returning to GBC to ensure that you do not develop symptoms.
- Another option is to get tested at least 72 hours after your last exposure and wait to attend until you receive a negative test result.

What do I do if I have COVID-19?

- Please stay at home and do not come to GBC for worship.
- Notify all the people in the church that may have been exposed by your presence. Feel free to reach out to an elder for help on how best to do this.
- Notify an elder and we will be praying for you and discussing how the church can help with your needs.
- Please do not return to GBC until:
 - You have had no fever for at least 72 hours (without the use of medicine that reduces fevers).
 - Other symptoms have improved (for example, no longer experiencing cough or shortness of breath). A loss of smell and/or taste is not included here as these symptoms may last for weeks or months.
 - At least 10 days have passed since your symptoms have first appeared and you are no longer contagious.

Please continue to pray for one another

Updated: 01/28/2021