



## **Battling Discontentment with God.**

### **1. Commune With Christ (Luke 12:31)**

- Y Read The Word of God (Deut 17:18-19)
  
- Y Study the Word of God (2 Tim. 2:15)
  
- Y Meditate on The Word of God (Psalm 119:15)
  
- Y Memorizing God's Word (Psalm 119:11)

### **2. Our Citizenship Is In Heaven (Phil. 3:10)**

- Y *Reflect* on what Jesus is doing right now. (Heb. 9:24)
  
- Y *Recite* the Gospel to yourself everyday. (1 Cor. 15:1-3)
  
- Y *Remind* yourself that you are chosen, set-apart, loved, and forgiven. (Col. 3:12-13; Matt. 18)

### **3. Nurture Another With Your Blessings (Luke 12:33)**

- Y Giving To The Local Church
  
- Y Practice hospitality (Romans 12:13)
  
- Y Use Your Gifts to Edify The Body (1 Cor. 12:4-6)

#### **4. Trust In The Lord (Psalm 37)**

Y Make a list of ways you can trust, delight, commit, and wait on the Lord.

(Psalm 37)

Y Read about others who had an unwavering trust in God. People like Paul, Ruth, Esther, Abraham, Joseph, and Nehemiah.

#### **5. Eliminate Your Distractions (Luke 12:15)**

Y Read thru “I’d Rather Have Jesus” by George Shea

Y Ask yourself, “Does this reflect the desires of my heart?”

#### **6. Nourish Your Prayer Life (Isa. 64:8; Malachi 2:10; Gal. 4:5-6)**

Y Learn how to pray more regularly and give yourself, your earthly treasures, and all of your tough circumstances over to God.

Y Buy a book by Kenneth Boa – Praying through the Scriptures.

#### **7. Thank Your King Often (Acts 16:23-25; Eph 1:4-7)**

Y Thank Him for choosing us and saving us.

Y Thank Him for faithfulness, goodness, patience, grace, mercy, sovereignty, and His love.

**Questions to Ponder:**

1. What specific attributes or characteristics of God can you think on during the week that will help you to learn true contentment?
2. Why would reciting the gospel to yourself everyday help you to learn true contentment?
3. What kinds of earthly treasure can distract from contentment and complete devotion to God? (Earthy treasure is not always money or things, it can be people too).
4. In Psalm 57:1 David says, "*Be merciful to me, O God; be merciful to me, for in You my soul takes refuge; in the shadow of your wings I will take refuge, till the storms of destruction pass by.*" What picture does David use to demonstrate how he turned to God in prayer during a difficult circumstance? What should be your first response when you are tempted to be discontent in a trying situation?
5. What are some truths that we can meditate on that will help us to grow in gratitude toward the Lord thereby learning contentment?